

Boarding Schedule - Working Days	
Routine	Time
Rouser	5:00 AM
Morning routine	5:00 to 5:30
Morning Exercise (Running & taekwondo & yoga)	5:30 to 6:30
Getting Ready for School	6:30 to 7:20
Morning Roll Call	7:20 AM
At B/F Table	7:30 AM
To School	8:00 AM
Snacks (at recess)	During Recess
School Off	2:00 PM
Lunch	2:05 to 2:25 PM
Prep 2	2:35 to 4:45 PM
Evening Sports	5:00 to 6:30 PM
Evening Snacks	6:30 to 6:40 PM
Evening Wash	6:40 to 7:00 PM
Evening Roll Call	7:00 PM
Prep 3	7:00 to 8:00 PM
Diner	8:00 to 8:20 PM
Walk & Talk	8:20 to 8:30 PM
Prep 4	8:30 to 10:00 PM
Lights Off	10:00 PM