			Vedanta Boys	Hostel-Menu			
	MON	TUE	WED	THU	FRI	SAT	SUN
			BREAK	AST			
Milk	Hot & Cold	Curd	Hot & Cold	Hot & cold	Hot & cold	Curd	Hot & cold
Main Dish	Vermicelli- Masala	Aloo Onion Parantha	Bread Omellete/Jam	Veg Maggie Masala	Veg Cheese sandwitch	Assorted Parantha (Seasonal)	Poori-Sabji
			SNACKS at	RECESS			
Snacks	Patties	Seasonal Fruit	Fruit Juice	Samosa	Seasonal Fruit	Pasta	
			LUNG	CH			
Salad	Salad	Salad	Salad	Salad	Salad	Salad	Salad & Papad
Dal	Dal Makhani	Kadi Pakora	Black Chana	Arhar Dal Tadka	Chola	Black Masoor Dal	Dal Channa
Veg/Curd	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable	Raita-Boondi	Paneer Masala	Raita-Boondi
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Veg Fried Rice
Breads	Roti	Roti	Roti	Roti	Roti	Roti	Roti
			SNAC	CKS			
Refreshment	Banana Shake	Cake	Cold drink/Tuck	Fresh Shikanji	Banana Shake	Fruit Juice	Tea & Pakora
			DINN	IER			
Salad	Salad	Salad	Salad	Salad	Salad	Salad	Salad
Dal	Urad-Chana	Black Masoor Dal	Arhar-Malka	Urad-Chana	Moong Masoor Dal	Arhar-Malka	Urad-Chana
Veg	Seasonal Vegetable	Paneer Curry	Seasonal Vegetable	Seasonal Vegetable	Egg Bhujia	Seasonal Vegetable	Kadhai Soya
Breads	Roti	Roti	Roti	Roti	Roti	Roti	Roti
Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk

			Vedanta Boys I	Hostel-Menu			
	MON	TUE	WED	THU	FRI	SAT	SUN
			BREAKI	FAST			
Milk	Milk	Curd	Milk	Milk	Hot & cold	milk	Hot & cold
Main Dish	Daliya	Aloo Onion Parantha	Boiled Sproutt chane & moong	Daliya	Poha & Egg	grilled Sandwich	Poori-Sabji
			SNACKS at	RECESS			
Snacks	Seasonal Fruit	Fruit Juice	Cake	fruit	Ice Cream	Cake	
			LUNG	CH			
Salad	Salad	Salad	Salad	Salad	Salad	Salad	Salad & Papad
Dal	Dal Makhani	Kadi Pakora	Black Chana	Arhar Dal Tadka	Chola	Black Masoor Dal	Dal Channa
Veg/Curd	Seasonal Vegetable	Seasonal Vegetable	Raita-Boondi	Paneer Masala	Seasonal Vegetable	Seasonal Vegetable	Raita-Boondi
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Veg Fried Rice
Breads	Roti	Roti	Roti	Roti	Roti	Roti	Roti
			SNAC	CKS			
Refreshment	Banana Shake	Fresh Shikanji	Cold Coffe	Banana Shake	Fresh Shikanji	Real Juice	Tea & Pakora
			DINN	ER			
Salad	Salad	Salad	Salad	Salad	Salad	Salad	Salad
Dal	Urad-Chana	Black Masoor Dal	Arhar-Malka	Urad-Chana	Moong Masoor Dal	Arhar-Malka	Urad-Chana
Veg	Seasonal Vegetable	Sahi Paneer	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable	Paneer Bhuji	Kadhai Soya

Breads	Roti						
Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk
MIIK							

			Vedanta Boys	Hostel-Menu			
	MON	TUE	WED	THU	FRI	SAT	SUN
			BREAK	FAST			
Milk	MILK	Milk	Milk	Milk	Milk	Milk	Hot & cold
Main Dish	Namkeen Daliya	Methi Paratha	Namkeen Seviyan	Aloo Paratha	SANDWICH	Boil Sprouts	Poori-Sabji, Kheer
			SNACKS a	t RECESS			
Snacks	Fruits	Pasta	Fruits	Chaumin	Fruits	chhola kulchha	
			LUN	СН			
Salad	Salad	Salad	Salad	Salad	Salad	Salad	Salad & Papad
Dal	Dal Makhani	Kadi Pakora	Dal Palk	Arhar Dal Tadka	Chola	Black Masoor Dal	Dal Channa
Veg/Curd	Aloo Gobi	Ghiya	Raita-Boondi /vegetale	Paneer Masala	Raita-Boondi	Seasonal Vegetable	Raita-Boondi
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Veg Fried Rice
Breads	Roti	Roti	Roti	Roti	Roti	Roti	Roti
			SNA	CKS			
Refreshment	Soup	Fruits	Frooti	Soup	Hot Coffee	Frooti	Fruits
			DIN	IER			
Salad	Salad	Salad	Salad	Salad	Salad	Salad	Salad
Dal	Urad-Chana	Moong Masoor Dal	Arhar-Malka	Urad-Chana	Moong Masoor Dal	Arhar-Malka	Urad-Chana
Veg	Seasonal Vegetable	Veg Fried Rice	Seasonal Vegetable	Hari Sabji	Veg Fried Rice	Sahi Paneer	Seasonal Vegetable
Breads	Roti	Roti	Roti	Roti	Roti	Roti	Roti
Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk